

A Certificate program offered by

**SOFIA UNIVERSITY** CALIFORNIA

(formerly Institute of Transpersonal Psychology) [www.sofia.edu/](http://www.sofia.edu/)

SIX WEEK, TWO YEAR PROGRAM STARTING AUGUST 13-19, 2015

## EXPRESSIVE ARTS

for Healing and Social Change: A Person-Centered Approach

This unique 18 Unit graduate certificate program for 2015/2016 combines experiential learning, theory and practice in the person-centered philosophy of Carl Rogers and the expressive arts: Movement, sound, visual arts, creative writing and psychodrama. The program is six residential weeks over two years, with a commitment to both years.

Participants come from around the globe wishing to use the expressive arts in counseling, teaching, mediation, social action and group facilitation, and/or to awaken personal growth and creativity. They attend six residential week-long courses over two years at a lovely retreat center in Sonoma, California. Starting August 13-19, 2015.



**Sue Ann Herron**, Ph.D. psychology, is the Director and co-facilitator of the PCEAT Certificate Program at Sofia University and has co-facilitated programs with Dr. Rogers among others. Dr. Herron wrote her dissertation on Natalie Rogers: An Experiential Psychology of Self-Realization Beyond Abraham Maslow and Carl Rogers. She is currently writing a biography of Natalie Rogers' professional life. Dr. Herron is on the faculty of Sofia University and Saybrook University



**Terri Goslin-Jones**, Ph.D. is the co-facilitator of the PCEAT Certificate Program at Sofia University. Dr. Goslin-Jones is a workplace psychologist with expertise in leadership development, executive coaching, and group facilitation. Her mission is to Discover the Wonder of People at Work™. Dr. Goslin-Jones uses Person-Centered Expressive Arts as a bridge to help her client's access deeper levels of creativity and authenticity. She wrote her dissertation on The Perceived Effects of Person-Centered Expressive Arts on One's Work. She is also on the faculty at Saybrook University. [www.terrigoslin-jones.com](http://www.terrigoslin-jones.com)



**Natalie Rogers**, Ph.D., REAT, author of *The Creative Connection: Expressive Arts as Healing* (1993), and *The Creative Connection for Groups* (2011) has led PCEAT trainings internationally. Dr. Rogers practiced as a psychotherapist for 30 years and facilitated many workshops with her father, Carl Rogers. Natalie will be present one day at each of the six courses. Distinguished Consulting faculty, Saybrook University, faculty, Sofia University.

**TUITION** \$8,000 per year (\$16,000 total) for this six week, 450 hour training. **Payment plan available.** Room and gourmet meals at lovely Westerbeke Ranch @ \$998 per residential week. ([www.westranch.com](http://www.westranch.com))

**TO APPLY** and for more information regarding course dates, please email: Sue Ann Herron at [sueannaherron@comcast.net](mailto:sueannaherron@comcast.net)

**INFORMATION** about the content of the program: Sue Ann Herron: [sueannaherron@comcast.net](mailto:sueannaherron@comcast.net), Terri Goslin-Jones: [discoveryconsulting@msn.com](mailto:discoveryconsulting@msn.com) or Natalie Rogers: [nrogers@nrogers.com](mailto:nrogers@nrogers.com).



Open to both Sofia students and non-Sofia students

CEU's and graduate credit



### Course Titles

- Nourishing the Soul
- Client-Centered Expressive Arts for Counseling
- Wisdom of the Body
- Expressive Arts for Social Change
- Expressive Arts: Group Facilitation



### We Will Explore

- How the creative process connects us to body, psyche, soul and world
- How the person-centered approach enhances emotional intelligence, healing, relationships and manifesting our potentials
- The use of expressive arts in counseling, teaching and group work

For full course description and dates go to [www.nrogers.com](http://www.nrogers.com)

